

SUMMER 2008
newsletter



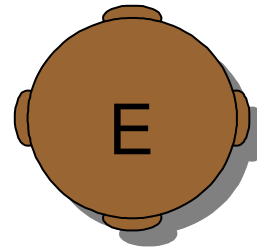
A reminder that the American divorce rate is at least 50%-- some surveys put the figure at 75%. The most common type of marriage features one partner being more aloof while the other chases after intimacy. The most successful relationships combine intimacy and personal freedom, among other values. Let me know if you'd like to talk more about this in your next session.



If your doctor's prescribed an anti-depressant, it's important to take it as directed. It takes about six weeks to feel the benefits, although the side effects could kick in a lot sooner.



POINT OF VIEW



If there were four people sitting around this table, each would have a different view of the letter in the middle: It's an M, a W, an E or even the number 3. No one is more right, it just depends on where you're sitting. It's the same in an argument- everyone has his or her own idea about what's going on. Take a moment to see things from someone else's seat and it might make it easier to negotiate a solution.

Have a great summer!
Monica

